

Class of 2020

WELCOME SENIOR PARENTS



ORHS College and Career

Planning Overview

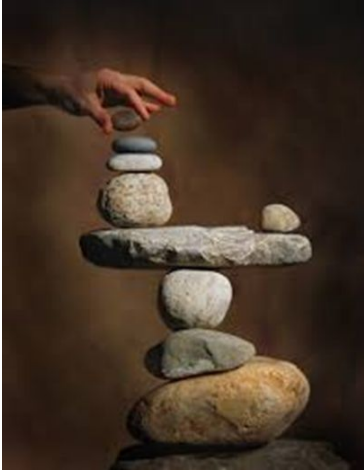
- Senior Career Unit is this week!
 - Career Education/Community College/Military/Trade
 - CSU/UC Admissions
 - Private/Out-of-State Admissions
- Tips & Reminders for Senior Year
- Review Post High School Options
- Upcoming Opportunities & Events
- Paying for College



Be Real, Dare to Question, Care for Others, Find Balance

Helpful tips to keep in mind during the presentation...

1. The Importance of "Balance"
2. Keeping the "Big Picture" in mind
3. Everyone's pathway is unique



Be Real, Dare to Question, Care for Others, Find Balance

Begin with the END in mind...

- 1) Career Interests
- 2) Major / Required Training
- 3) Education



Be Real, Dare to Question, Care for Others, Find Balance

POST SECONDARY OPTIONS

Employment

Career College

Gap Year

College (2 year and/or 4 year)

Military or Military Academy

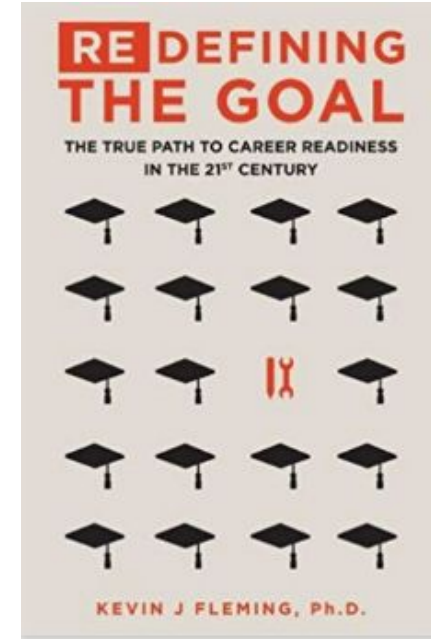
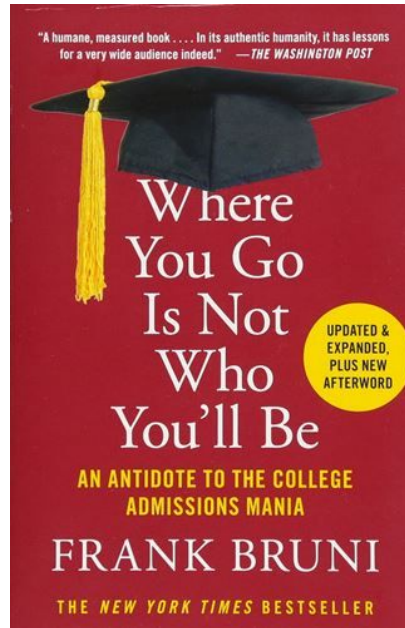


Be Real, Dare to Question, Care for Others, Find Balance

Where You Go is Not Who You'll Be!

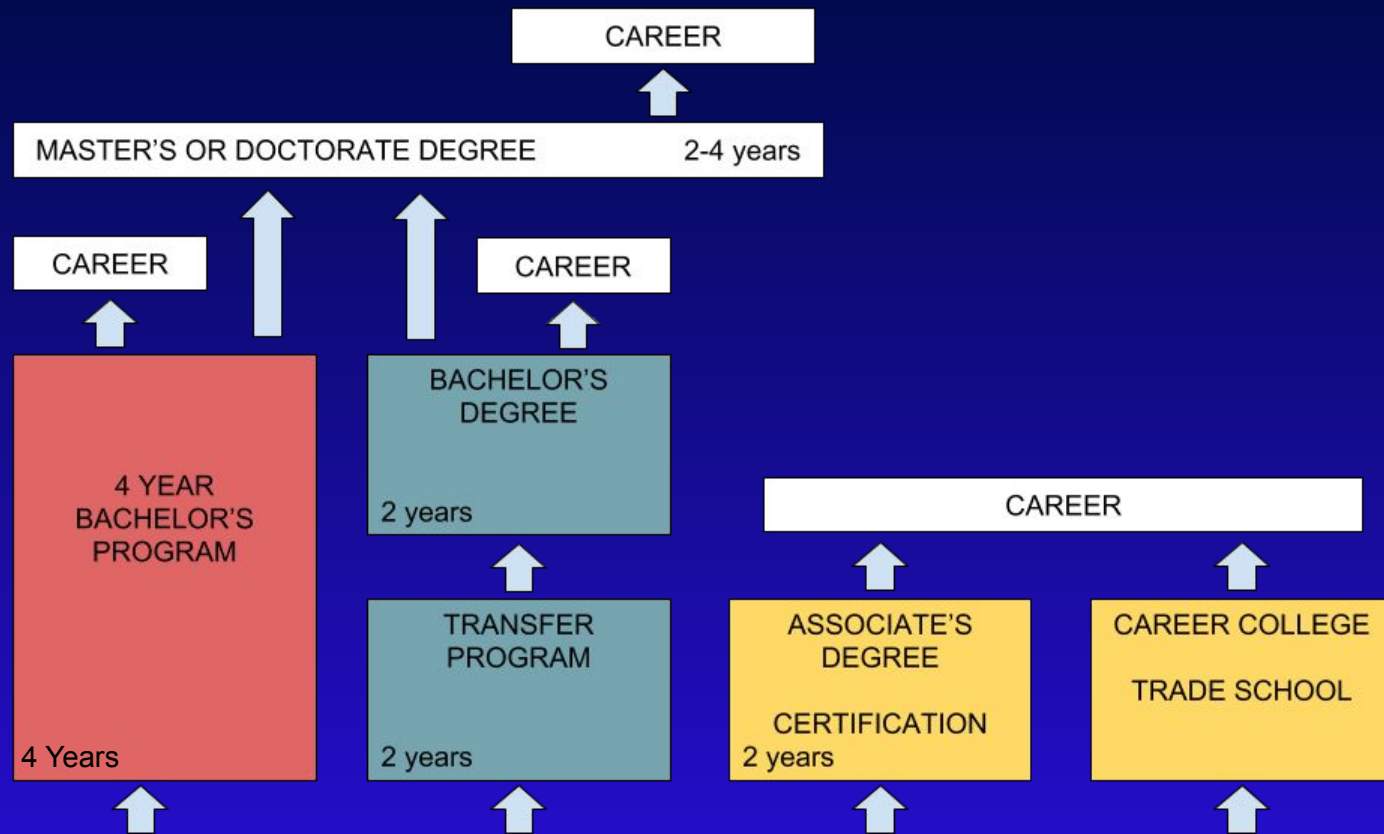
A "FIT" OVER RANKINGS

Why College Engagement Matters More Than Selectivity



Be Real, Dare to Question, Care for Others, Find Balance

Multiple Ways to Gain Post-Secondary Skills



Be Real, Dare to Question, Care for Others, Find Balance

CHALLENGE
SUCCESS
Finding the Right Fit College

Madeline Levin, Ph.D.
Co-Founder of Challenge Success*

*A project of the Stanford Graduate School of Education



Be Real, Dare to Question, Care for Others, Find Balance

CHALLENGE SUCCESS RESOURCES

Home School Info ▾ Staff Directory ▾ Counseling & Career Center ▾ VAPA & Boosters ▾ Athletics ▾ Parents ▾ Students ▾

For Staff ▾ LCAP

Counseling & Career Center

- ▶ Counseling
 - ▶ Advanced Placement
 - ▶ Career & College Grade Level Planning Guides
 - ▶ Counseling Staff Directory
 - ▶ Counseling, Registration, and Enrollment Documents
 - ▶ Course Information
 - ▶ Graduation Requirements & College Planning
 - ▶ **Parenting Resources**
 - ▶ Teen Wellness
 - ▶ Tutoring
 - ▶ Transcript Request
 - ▶ Career Center

Parenting Resources

You Are Here: [Home](#) » [Counseling & Career Center](#) » [Counseling](#) » [Parenting Resources](#)

Challenge Success is an organization founded at Stanford University that provides information and strategies to schools and families to help promote a better-balanced student both personally and academically. We highly encourage you to visit their website to learn more!

CHALLENGE SUCCESS

Strategies for Healthy, Engaged Kids and Strong Schools

[Kids in the House Videos - Segments based on current research and offer practical strategies to parents.](#)

Kids in the House Videos

Denise Pope and Madeline Levine were invited to share their expertise with Kids in the House. These segments are based on current research and offer practical strategies to parents.

Denise Pope

- AP and Honors Classes [Watch](#)
- Calming College Fears [Watch](#)
- Cheating in School [Watch](#)
- Choosing a Middle School or High School [Watch](#)
- Choosing a Preschool or Elementary School [Watch](#)
- Engaging Kids in Learning [Watch](#)
- Getting Caught Cheating in School [Watch](#)
- Homework During the Elementary School Years [Watch](#)
- How Being Over-Scheduled Affects Kids [Watch](#)
- How Parents and Kids Define Success Differently [Watch](#)
- How to Get Kids to Reach Their Full Potential [Watch](#)



Be Real, Dare to Question, Care for Others, Find Balance

COLLEGE FAIR

Tuesday, **September 24th**

Union Mine High School

6:30-8:15 pm

Breakout Sessions

5:30 pm - Financial Aid/FAFSA Info
(note: start time is BEFORE event start time)

7:00 pm - Career Education Explained

7:45 pm - UC & CSU Admissions



Be Real, Dare to Question, Care for Others, Find Balance

College Reps to Visit ORHS

60+ Colleges visiting us this Fall!

- Check the list at Career Center
- Sign up for Student Square to get reminders

College Rep Visits

Learn more about college options by visiting with friendly & knowledgeable representatives from different schools! No appointment necessary. Just show up! Most reps visit the Career Center during break or lunch, but if you need a pass to leave class, just ask at the Career Center. **THIS SCHEDULE IS SUBJECT TO CHANGE. Updated 8/30/19**

Johns Hopkins University	Tuesday, September 3, 2019	12:25 PM
University of Pittsburgh-Pittsburgh Campus	Tuesday, September 3, 2019	12:25 PM
Verto Education (Study Abroad Programs)	Monday, September 9, 2019	11:50 AM
The University of Alabama	Thursday, September 12, 2019	10:20 AM
William Jessup University	Tuesday, September 17, 2019	10:20 AM
Northern Arizona University	Tuesday, September 17, 2019	12:25 PM
Hawaii Pacific University	Wednesday, September 18, 2019	2:20 PM
Illinois Institute of Technology	Thursday, September 18, 2019	10:20 AM
Point Loma Nazarene University	Monday, September 23, 2019	12:25 PM
University of California-Santa Barbara	Monday, September 23, 2019	10:00 AM
Seattle University	Monday, September 23, 2019	10:00 AM
Seton Hall University	Monday, September 23, 2019	10:00 AM
Willamette University	Monday, September 23, 2019	10:00 AM
Whitworth University	Monday, September 23, 2019	11:45 AM
California Lutheran University	Tuesday, September 24, 2019	1:10 PM
University of California-Santa Cruz	Tuesday, September 24, 2019	10:20 AM
Texas Christian University - TCU	Tuesday, September 24, 2019	10:20 AM
Embry Riddle	Tuesday, September 24, 2019	12:25 PM
University of Hawaii at Manoa	Tuesday, September 24, 2019	12:25 PM
University of Idaho	Tuesday, September 24, 2019	12:25 PM
University of Southern California	Tuesday, September 24, 2019	12:25 PM
Portland State University	Tuesday, September 24, 2019	12:25 PM
The University of Tennessee-Knoxville	Tuesday, September 24, 2019	2:20 PM
New York Film Academy - Los Angeles	Wednesday, September 25, 2019	10:20 AM
Westmont College	Wednesday, September 25, 2019	10:20 AM
Salve Regina University	Wednesday, September 25, 2019	10:20 AM
Linfield College	Wednesday, September 25, 2019	12:25 PM
The University of Arizona	Wednesday, September 25, 2019	12:25 PM
Purdue University-Main Campus	Wednesday, September 25, 2019	12:25 PM
Saint Mary's College of California	Wednesday, September 25, 2019	12:25 PM
Azusa Pacific University	Thursday, September 26, 2019	10:20 AM
Oregon State University	Thursday, September 26, 2019	10:20 AM
Drexel University	Thursday, September 26, 2019	12:25 PM



Be Real, Dare to Question, Care for Others, Find Balance



Visit Colleges this Fall

Check on the college websites for

- Open House
- Preview Days
- Overnight Visit Options
- Regional Information Sessions



Be Real, Dare to Question, Care for Others, Find Balance

APPLICATION TIMELINES

COLLEGE TYPE	DEADLINES	APPLICATIONS
Community College	Spring 2020	Online Application
Career Colleges	Spring 2020	Request
Military	Junior/Senior Year	Contact Recruiter
CSU	Oct. 1 - Nov. 30th	Online Application
UC	Nov. 1 - Nov. 30th	Online Application
Private Colleges	Check with college	Request (Check Common App)
Out of State Colleges	Check with college	Request (Check Common App)



Be Real, Dare to Question, Care for Others, Find Balance

Do I Send a Transcript with My Application?

Self-Report Grades for UC and CSU:

- Students will send a final transcript (end of senior year)
- Sometimes CSUs will ask for 7th semester grades, check your college web portal

Private Colleges

- Most require transcripts at the time of application
- Your counselor will send a transcript through Common App and/or Send Edu
- Most require a Mid-Year Report which includes fall grades (your counselor will send)
- Check with each college



Be Real, Dare to Question, Care for Others, Find Balance

Letters of Recommendation

- Etiquette
- 2-week notice
- Pick up the Letter of Recommendation form in the Career Center or online (CC website under “Senior” tab)

The screenshot shows a website header with navigation links: Staff Directory, Counseling & Career Center, VAPA & Boosters, Athletics, Parents, and Students. Below the header is a message: "If you cannot easily find what you're looking for on this website, please do not hesitate to call or email me." This is followed by contact information for Alyce Rogers, Career Guidance Specialist: (916) 933-6980 x3065 and email arogers@eduhdsd.k12.ca.us. A small photo of a person is visible on the right. The main content area is titled "College & Career Information" and contains several buttons: Upcoming Events, College Resources, Reference Books, Financial Aid, ACT & SAT, Community College, Scholarships, Work Permits/Jobs, and PSAT. Below this is "Grade Level Information" with buttons for Freshman, Sophomore, Junior, and Senior. A red arrow points to the Senior button.



Be Real, Dare to Question, Care for Others, Find Balance

COLLEGE ENTRANCE TESTS

Fall ACT Test Dates

- October 26
 - December 14*
- REGISTER: act.org

Fall SAT Test Dates

- October 5 (late register until 9/17)
 - November 2
 - December 7*
- REGISTER: collegeboard.org



For practice tips or study guides, stop by the Career Center or ask your Counselor!



Be Real, Dare to Question, Care for Others, Find Balance

SENDING TEST SCORES...

Send Official SAT/ACT Test Scores to ALL of the colleges you are applying to...

Request Online: collegeboard.com / act.org



Be Real, Dare to Question, Care for Others, Find Balance

Save Money

Sending SAT & ACT Scores

UC

For Both SAT and ACT

- All UC campuses will be able to access your SAT/ACT scores if you:

Send your SAT and ACT scores to ONE UC Campus

CSU

For SAT

- Send scores to **3594** to access all the CSU campuses

For ACT

- All CSU campuses will be able to access your ACT scores if you send them to ONE CSU Campus



Be Real, Dare to Question, Care for Others, Find Balance

DON'T MISS...

College Essay/Personal Insight Question Review

- October 21 - October 23
- Break & Lunch outside @ the Career Center

College Application Workshops

- Mondays, October 21 & October 28
- 1:15 - 3:15 PM @ the Career Center



Be Real, Dare to Question, Care for Others, Find Balance

Check Your Application Status Online via College Web Portals

You need to set up access for each college applied to with a custom Username and Password

This is how colleges will communicate with you! Check the portal often

*For any college you apply to, keep a spreadsheet of your username and password.



Be Real, Dare to Question, Care for Others, Find Balance

CAUTION

Grounds of having an admission decision rescinded:

- Did not send “official SAT and/or ACT scores”
- Missing deadlines
- Did not notify colleges regarding change of coursework
- Poor senior year academics
- Not completing all “a-g” requirements prior to graduation
- Withheld information
- Falsification of records
- Not sending transcripts (even if taken outside of the high school -- online, community college, etc), when required



Be Real, Dare to Question, Care for Others, Find Balance

Attention Athletes!

Please be mindful of all requirements of the NCAA and/or NAIA Eligibility Center, such as:

- Core Course Requirements
- Transcripts and Test Scores

NCAA - www.ncaa.org

To submit test scores - 9999

NAIA - www.playnaia.org

To submit test scores - 9876



Be Real, Dare to Question, Care for Others, Find Balance

PAYING FOR COLLEGE



Scholarship Searches

- FastWeb.com
- Scholarships.com



*Create a fee profile on these websites
and get matched to scholarships*

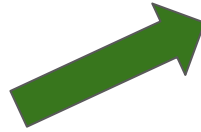
Get Ready to Apply

- Resume
- Letters of Rec
- Personal Essay
- Transcripts



Be Real, Dare to Question, Care for Others, Find Balance

Community-based Scholarships



CaLocalScholarships.org

Best place to find local scholarship opportunities!

- Check out the California Local Scholarship website
- Join the Scholarships group in Student Square
- Attend a Scholarship Basics Workshop
 - Offered later this semester at the Career Center
- Drop by the Career Center for help



Be Real, Dare to Question, Care for Others, Find Balance

College-based Scholarships

Some colleges will award scholarships automatically, based on your admission application

Other colleges may require you to submit supplemental materials and/or complete a specific scholarship application

Check each college website

Search for [Freshman Scholarships](#)

Or contact the Scholarship or Financial Aid Office



Be Real, Dare to Question, Care for Others, Find Balance

FAFSA

**FREE APPLICATION FOR FEDERAL
STUDENT AID**



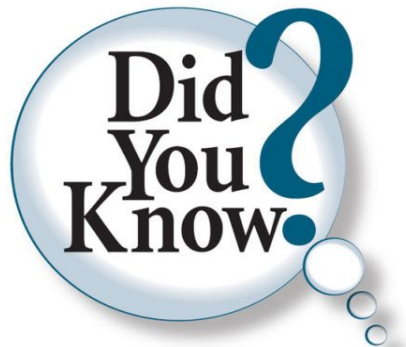
- Submit FAFSA beginning October 1
- Go to fafsa.ed.gov
- STEP ONE: Sign-up for a FSA ID
- Submit before March 2nd!
 - Cal Grant Deadline



Be Real, Dare to Question, Care for Others, Find Balance

CSS Profile

College Scholarship Service Profile



In addition to the FAFSA, private colleges & some out of state colleges may need you to file the CSS Profile.

Deadlines Vary - CSS Profile may be filed beginning October 1st. Check with your colleges and watch deadlines.

File online at www.collegeboard.org



Be Real, Dare to Question, Care for Others, Find Balance

EXAMPLES OF COLLEGES

THAT REQUIRE THE CSS PROFILE

USC
Cal Tech
Yale
Cornell
Duke
Harvard
Brown
John Hopkins
MIT
Occidental
Santa Clara University

Texas Christian University
Claremont McKenna
Columbia
Dartmouth
Georgetown
Harvey Mudd
NYU
Pomona
Stanford
USF
Westmont



Be Real, Dare to Question, Care for Others, Find Balance

Learn More About Financial Aid...

➤ College Fair

Tuesday, September 24th

Union Mine High School

Arrive at 5:30 PM for the Financial Aid Info Session

➤ Financial Aid Night

Thursday, October 10th

ORHS Theater

6:00 PM



Be Real, Dare to Question, Care for Others, Find Balance

COMMUNITY AND CAREER COLLEGES



COMMUNITY COLLEGE

- 112 California Community Colleges
- Transfer to a 4-year college
 - Guarantee Transfer Program
- Associate Degree for Transfer (CSU)
- AA or AS Degree (2 years)
- Certificate Degree Program



Be Real, Dare to Question, Care for Others, Find Balance

Certificate Programs

LOS RIOS CC DISTRICT

- Accounting
- Admin. Of Justice
- Aeronautics
- Agriculture
- Architecture
- Art New Media
- Automotive Technology
- Biotechnology
- Building Inspection Tech
- Business
- Chemical Dependency Studies
- Communication
- Television Production
- Construction Management
- Cosmetology
- Culinary Arts
- Dental Assisting
- Design Technology
- Desktop Publishing
- Diesel Mechanics
- Digital Media
- Drafting Technology
- Early Childhood Ed.
- Electronics Technology
- Electric Vehicles
- Emergency Medical Tech
- Environmental Design

- Environmental Technology
- Fashion/Fashion Merchandising
- Fire Technology
- Geographic Information Systems
- Gerontology
- Graphic Communication
- Health Info Technology
- Horticulture
- Hospitality Management
- Interior Design
- Journalism
- Landscape Design
- Library Technology
- Management
- Marketing
- Mechanical Engineer Tech
- Medical Assisting
- Motorcycle Maintenance
- Music Production
- Nursing, LVN
- Nutrition
- Paramedic
- Phlebotomy
- Photography
- Railroad Operations
- Real Estate
- Restaurant Management
- Vet Tech
- Web Page
- Welding



Be Real, Dare to Question, Care for Others, Find Balance

LEARN MORE

- College Fair
 - Tuesday, September 24th
 - Union Mine High School @ 6:30 pm

- Spotlight Night at FLC
 - Wednesday, September 25th
 - Folsom Lake College @ 5:30 pm

- Folsom Lake College Information Night for Parents & Students
 - Tuesday, February 11th
 - Folsom Lake College @ 6:30 pm



Be Real, Dare to Question, Care for Others, Find Balance

Check with each community college regarding their application/registration process!

FLC Application for Summer/Fall 2020 Opens October 1st!

Application Deadline for Priority Registration:

April 1st



Steps to Success

Follow these steps to succeed in your educational career.

In order for us to help you find your success, all new students must plan ahead and complete the following steps. Registration is by priority assignment for students completing all of the Los Rios Steps to Success by May 1 (for summer/fall terms) or November 1 (for spring term).

1 Apply Now +

Get started on your path to college by filling out our [free online application](#). You will be automatically accepted if you have a high school diploma (or equivalent) or are at least 18 years old. After submitting your application, an email will be sent to you with your Los Rios identification (ID) number and instructions for next steps.

2 Get Financial Help +

With the new [Los Rios Promise](#), all first-time students who complete a FAFSA (or California Dream Act application) and enroll full time (minimum of 12 units) are eligible for free tuition. In addition to the Los Rios Promise, there are several other ways to get financial assistance if you need help paying for college. You may qualify for thousands of dollars in aid from federal, state, and private resources. [Types of financial aid include fee waivers, grants, scholarships, and loans.](#)

3 Complete Orientation +

Orientation gives you important information to help you succeed at Folsom Lake College. All new students must complete orientation online or in person.

4 Place into the Right Classes +

Once you have completed orientation, you can move on to placement/assessment. The purpose of placement/assessment is to help you succeed by placing you in English and math classes that match your skill level.

5 Make an Educational Plan +

After you have your placement results, meet with a counselor and create a first semester educational plan. Your educational plan will outline which courses you should take to meet your educational goal. Planning sessions are for first time, new students only – not for students who have attended college before or parents.

6 Enroll in Classes +

CAREER COLLEGES/PROGRAMS

- California Culinary Academy
- Academy of Art
- Art Institute
- FIDM (Fashion Institute of Design & Merchandising)
- Carrington College (Formerly Western Career College)
- Universal Technical Institute (UTI)
- Wyotech



Be Real, Dare to Question, Care for Others, Find Balance

MILITARY OPTIONS

- Enlistment
- Recruiters often on campus 1st & 3rd Tuesday each month
- ROTC (programs in college)
- Military Academies



- ASVAB is offered at ORHS
 - October 7, 2019
 - February 3, 2020
 - Sign up at Career Center

- Military Academy Info Night
 - Thursday, April 23, 2020
 - Ponderosa High School



Be Real, Dare to Question, Care for Others, Find Balance

CALIFORNIA 4-YEAR PUBLIC COLLEGES



UC/CSU ADMISSIONS

University of California

9 Campuses

Tuition: \$13,900 per year

Tuition, Room & Board, etc.: \$35,300

SAT w/ Reasoning or ACT Plus Writing

Possible SAT subject Test (by campus & major)

4 Personal Insight Questions

No Letters or Recommendation

Online Application

\$70 application fee per campus

Subject to change

California State University

23 Campuses

Tuition: \$5,742 per year

Tuition, Room & Board, etc.:

approx. \$25,000

SAT Reasoning or ACT

No Personal Statement/Essay

No Letters of Recommendation

Online Application

\$70 application fee per campus

*Refer to Senior Scoop



Be Real, Dare to Question, Care for Others, Find Balance

CSU & UC ELIGIBILITY

Minimum Coursework (Pass with C or better)

- A. 2 years - Social Science
- B. 4 years - English
- C. 3 years - Math-through Alg. 2.
(4 years recommended)
- D. 2 years - Science with a Lab
(3 years recommended)
- E. 2 years - World Language
(3 years recommended)
- F. 1 year - Visual and Performing Arts
- G. 1 year - Elective



University of California, Merced



San Diego State University



Be Real, Dare to Question, Care for Others, Find Balance

California State Universities



Be Real, Dare to Question, Care for Others, Find Balance

Cal State Apply

Application Window Oct. 1 - Nov 30

<https://www2.calstate.edu/apply>

CAL STATE APPLY

Find your future at the California State University.
With 23 campuses and thousands of degree choices, the CSU is a great place to start your journey.
Explore your options below, and start your application today.

[See Application Dates & Deadlines >](#)

The Fall 2019 application will be available on October 1, 2018.

Select a Term to Apply For



Apply

Choose the type of student you are to learn more about how to apply to the CSU:

Freshman

Transfer

Graduate

International

Teaching
Credential

Choosing a Campus

Compare all 23 schools by size, location, activities and other criteria to find the campus that's the perfect fit for you.

[Explore Campuses](#)

Choosing a Degree

The CSU offers over 4,100 undergraduate and graduate degrees through classroom and online instruction.

[Explore Degrees](#)

Getting into the CSU

Wondering about admission requirements and the tests, grades and test scores you'll need to be admitted?

[Learn More](#)

Paying for College

Find out how much it costs to go to the CSU and how to apply for a variety of types of financial aid.

[See Your Options](#)



Be Real, Dare to Question, Care for Others, Find Balance

University of California

Davis

Berkeley

Santa Cruz

Santa Barbara

Irvine

Riverside

San Diego

Los Angeles

Merced



Be Real, Dare to Question, Care for Others, Find Balance

UC Admissions

- Coursework other than A-G
- Educational Preparation Programs
- Volunteer and Community Service
- Work Experience
- Awards and Honors
- Extracurricular Activities
- 3.0 minimum GPA
- Personal Insight Questions
- SAT or ACT with Writing
 - UC uses the student's best score from one test date



UC Merced



Be Real, Dare to Question, Care for Others, Find Balance

UC Applying Online

Application submission window
Nov 1 - Nov 30*

Admissions.universityofcalifornia.edu

*Students can start working on applications now

The screenshot shows the University of California Admissions website. At the top, the logo for the University of California is displayed next to the word 'Admissions'. A search bar is located in the top right corner. Below the logo, a navigation menu includes links for HOME, FRESHMAN, TRANSFER, INTERNATIONAL, HOW TO APPLY (which is highlighted), CAMPUSES, and PAYING FOR UC. On the far right of the navigation menu, there is a link for Counselors. The main content area is divided into two columns. The left column is titled 'How to apply' and contains a list of links: Dates & deadlines, Closed majors, Apply online (highlighted), Personal insight questions, Application fees, and After you apply. The right column is titled 'About applying online' and contains the text: 'We strongly encourage you to take your time filling out the application.' Below this text, there is a section titled 'What you'll need' which states: 'It's a good idea to have everything prepared before you start your application so you're not trying to track down information at the last minute.' and 'Here's what you'll need:'. A list item is visible: '> Transcripts. Don't submit your transcripts to UC at this point, but for the summer 2019 application cycle, you should submit your transcripts to UC Merced.' To the right of the main content area, there is a dark grey sidebar with a yellow diagonal pattern at the top. It contains a 'Apply now' button with a right-pointing arrow, a section titled 'My UC Application' with the text 'The fall 2019 application is now open.' and 'The application for winter quarter/semester 2019 is still open for UC Merced.', a link 'Log in or start your application »', and another section stating 'Some majors will be unavailable to certain applicants, so be sure to check our list of closed majors for this term.'



Be Real, Dare to Question, Care for Others, Find Balance

PRIVATE COLLEGES



Private Colleges

Examples

St. Mary's College
University of So. California
Santa Clara University
University of the Pacific
William Jessup University



St. Mary's

Application:

Many private colleges use the Common App.
Check the college website

Many private colleges have large endowments to help students finance their education



Be Real, Dare to Question, Care for Others, Find Balance

PARTIAL LIST OF PRIVATE COLLEGES

OAK RIDGE STUDENTS HAVE ATTENDED

Amherst

Azusa Pacific University

Babson

Brigham Young University

Brown

Columbia

Duke

Harvard

Harvey Mudd

Menlo College

MIT

North Carolina

Northwestern

Notre Dame De Namur

NYU

Occidental

Pepperdine

Pt. Loma Nazarene

Santa Clara University

Sarah Lawrence

St. Mary's College

Stanford University

University of Chicago

University of Pennsylvania

University of San Diego

University of San Francisco

University of Southern CA

University of the Pacific

Vassar

Westmont College

William Jessup University

Yale



Be Real, Dare to Question, Care for Others, Find Balance

We're Live!

The 2018-2019 Common Application is now available. We're looking forward to a great year ahead! Check out the many ways you can get prepared to apply.

Let's Get Started

**More than 800 colleges.
Only one application.**

Deadlines Vary - check with each college

www.commonapp.org



Be Real, Dare to Question, Care for Others, Find Balance

OUT-Of-STATE COLLEGES



Out-of-State Colleges

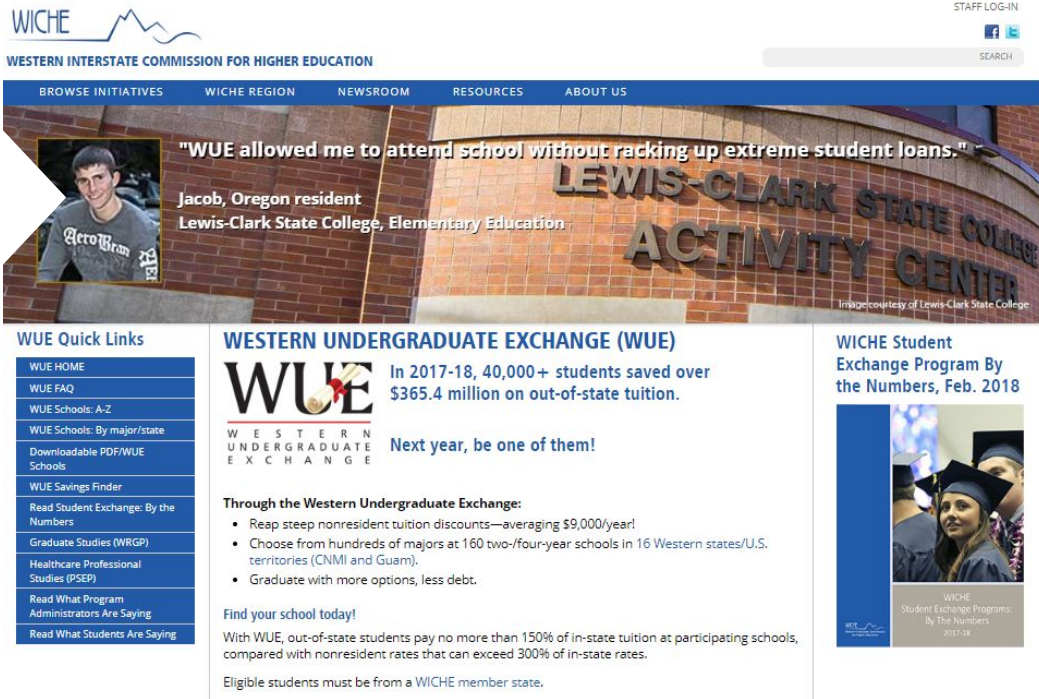
- Out-of-state tuition (usually more \$\$\$)
- Residency requirements vary
- Admission requirements and deadlines vary
- WUE (Western Undergraduate Exchange) - www.wiche.edu
 - Tuition Reduction!
Some restrictions may apply - check with the college



Be Real, Dare to Question, Care for Others, Find Balance

Examples of Colleges that Offer WUE Scholarships

- University of Nevada, Reno
- Boise State University
- Montana State University
- University of Colorado, Colorado Springs
- Northern Arizona University
- University of Utah
- Southern Oregon University



WICHE
WESTERN INTERSTATE COMMISSION FOR HIGHER EDUCATION

STAFF LOG-IN
f t
SEARCH

BROWSE INITIATIVES WICHE REGION NEWSROOM RESOURCES ABOUT US

"WUE allowed me to attend school without racking up extreme student loans."
Jacob, Oregon resident
Lewis-Clark State College, Elementary Education

LEWIS-CLARK STATE COLLEGE
ACTIVITY CENTER
Image courtesy of Lewis-Clark State College

WUE Quick Links

- WUE HOME
- WUE FAQ
- WUE Schools: A-Z
- WUE Schools: By major/state
- Downloadable PDF/WUE Schools
- WUE Savings Finder
- Read Student Exchange: By the Numbers
- Graduate Studies (WRGP)
- Healthcare Professional Studies (PSEP)
- Read What Program Administrators Are Saying
- Read What Students Are Saying

WESTERN UNDERGRADUATE EXCHANGE (WUE)

WUE In 2017-18, 40,000+ students saved over \$365.4 million on out-of-state tuition.

WESTERN UNDERGRADUATE EXCHANGE

Next year, be one of them!

Through the Western Undergraduate Exchange:

- Reap steep nonresident tuition discounts—averaging \$9,000/year!
- Choose from hundreds of majors at 160 two-/four-year schools in 16 Western states/U.S. territories (CNMI and Guam).
- Graduate with more options, less debt.

Find your school today!

With WUE, out-of-state students pay no more than 150% of in-state tuition at participating schools, compared with nonresident rates that can exceed 300% of in-state rates.

Eligible students must be from a WICHE member state.

WICHE Student Exchange Program By the Numbers, Feb. 2018

WICHE Student Exchange Programs: By the Numbers 2017-18




Be Real, Dare to Question, Care for Others, Find Balance

SENIOR UPCOMING EVENTS/ OPPORTUNITIES

All Seniors will receive a hard copy of
The Senior Scoop



Be Real, Dare to Question, Care for Others, Find Balance

 **SENIOR 2019 - 2020**
Post-Secondary and Career Planning Opportunities

College Rep Visits
Admissions reps from public, private, in-state, out-of-state colleges and universities will be on campus throughout the year, most coming to campus throughout the Career Center.

THE SENIOR SCOOP

FALL 2019

IMPORTANT DATES & DEADLINES

Class of 2020

SEPTEMBER


- 10-12 Senior Career Unit through Gov & Econ Classes
 - Career Education/Community College
 - CSU/UC Colleges
 - Private/Out-of-State Colleges
- 10 Grade Level Parent Night & College Admissions Panel
6:00 pm (12th grade parents report to B3)
- 24 COLLEGE FAIR
@ Union Mine High School, 6:30 - 8:15 pm
Breakout Sessions:
Fin Aid @ 5:30pm (starts before the fair)
Career Education @ 7pm
CSU & UC Admissions @ 7:45pm

OCTOBER

- 1 FAFSA & Cal Grant open for filing
- 1 CSU Application open for Fall 2020 admissions

HOW TO GET INFO...

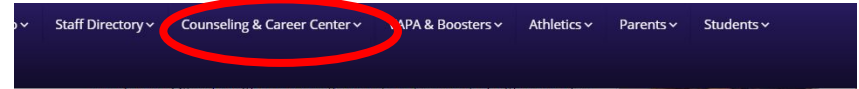
ASK: Parents, Counselors, Teachers, Coaches, etc.
ATTEND: Lunch workshops, events, & rep visits
VISIT: The Career Center & your Counselor often
CHECK: The ORHS website & your school email
LISTEN: To announcements

 **JOIN STUDENT SQUARE
TO GET TEXTS FROM THE
CAREER CENTER**

- 1) Check your school email for an invite to join Student Square. Click the link in the email.
OR
- 1) Click 'Student Square' under the 'Students' tab on the ORHS website, and sign in with google.
- 2) Create a Password.
- 3) Go to 'My Account' & add your cell number.
- 4) Under POST NOTIFICATION SETTING, make sure you're set up to receive texts.

College & Career Center Resources

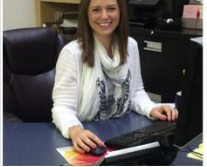
- Volunteer Opportunities
- College information sessions
 - 60+ college rep visits in Fall
- Career exploration
- Post Secondary Planning Events
- Work Permits
- Resume assistance
- SAT and ACT prep study guides
- Spring Career Expo & Job Fair
- Scholarships & Financial Aid guidance




much more! Stop by with your questions or to get connected with upcoming opportunities, college visits, workshops, and presentations.

Alyce Rogers, Career Guidance Specialist
(916) 933-6980 x3065
arogers@eduhdsd.k12.ca.us

Tip: Want to be in-the-know about Career Center opportunities? Make sure you have an updated Student Square account. Add your cell phone number and make sure you're set up to receive text messages if you want.



 **How to Join Student Square**
[Click Here](#)

College & Career Information

Upcoming Events	College Resources	Reference Books	Financial Aid
ACT & SAT	Community College	Scholarships	Work Permits/Jobs
Volunteer	Parent Resources		
Finding the Right Fit <small>Resources for Postsecondary Planning</small>			

Grade Level Information

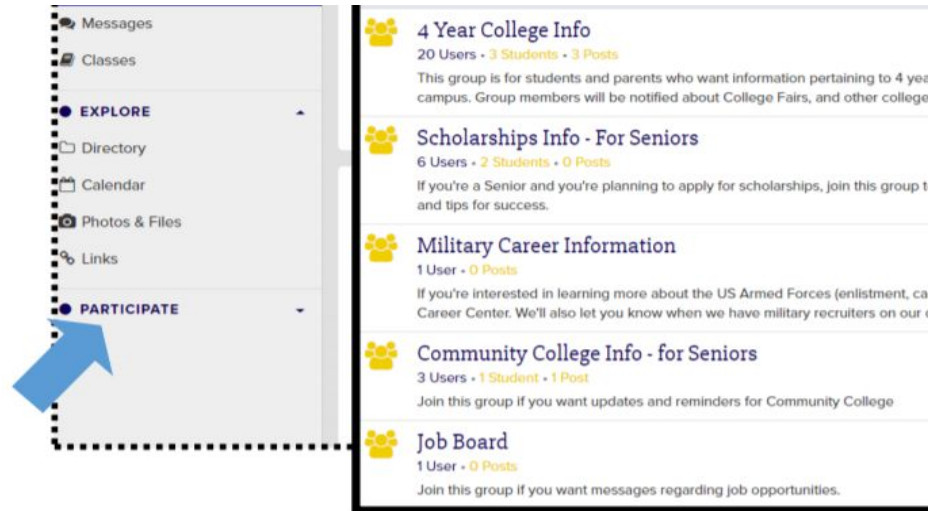
Freshman	Sophomore	Junior	Senior
--------------------------	---------------------------	------------------------	------------------------



Be Real, Dare to Question, Care for Others, Find Balance

Join Parent/Student Square Groups to stay in-the-know

- Add your cell number
- Make sure you're set up to receive texts
- Join the groups that interest you



Counseling Office Resources

- Graduation Requirements
- Course Selection
- Post Secondary Planning
- Tutoring Resources
- Student Wellness

To schedule an appointment, students may stop by the Counseling Office before school, after school, break, or lunch. You may also call to schedule. For quick questions, you may find your Counselor out on campus at Break or Lunch.



Be Real, Dare to Question, Care for Others, Find Balance

Counselor Assignments

<u>Last Name</u>	<u>Counselor Assignment</u>	<u>Extension</u>
➤ A – Ch	Jon Pratt	3051
➤ Ci - Gr	Jill Howard	3053
➤ Gu - K	Kim Cerutti	3310
➤ L– Per	Jenisse Bovo	3057
➤ Pet - Sn	Darsy Arburn	3052
➤ So - Z	Mandy Fiedler	3055

Email or Call (916) 933-6980 X 3050

_____@eduhsd.net



Be Real, Dare to Question, Care for Others, Find Balance

Research Careers

mynextmove.org

<https://www.mynextmove.org/>

Who do u want 2b.com

<https://www.whodouwant2b.com/>

California Career Zone

<https://www.cacareerzone.org/>



Be Real, Dare to Question, Care for Others, Find Balance

Research Colleges

College Navigator

<https://nces.ed.gov/collegenavigator/>

College Scorecard

<https://collegescorecard.ed.gov/>

CollegeBoard.org

<https://bigfuture.collegeboard.org/>



Be Real, Dare to Question, Care for Others, Find Balance

NEXT UP...

**COLLEGE ADMISSION PANEL IN
THE LARGE GYM**



Be Real, Dare to Question, Care for Others, Find Balance

THANK YOU

